

Tom Dixon from Eastman and Smith, Ltd., will serve as the featured speaker for the event, which will run from 730AM to 830AM. Mr. Dixon is an expert on services across the range of management labor and employment law.

The “Healthy Families Act” is legislation on the November ballot mandating each employer with over 25 employees to provide 7 paid sick days for their employees. The Napoleon/Henry County Chamber is opposed to the passage of this legislation, seeing it as another hurdle to businesses of all sizes.

This latest Speaker Series event will be held at the **Rotary/Lion’s Club** Shelter House at Oberhaus Park in Napoleon on October 7<sup>th</sup>. The cost (to cover breakfast) will be \$8. Reservations are needed for the event by Tuesday September 30<sup>th</sup> at 4PM.

If you have any questions on the Speaker Series event or the “Healthy Families Act”, please contact the Chamber at (419) 592-1786.

## **Chamber Seeks Board Member Nominations**

Are you looking to serve Henry County and the business community? The Chamber is looking for nominations for the Board of Directors for terms beginning in fiscal year 2009.

Serving on the Chamber Board of Directors is a great way to find out more about area businesses, network with other businesspeople and push positive development across Henry County. We like to have fun, too!

The bylaws of the Napoleon/Henry County Chamber of Commerce direct that all names nominated for seats of the Chamber Board are forwarded to the Nominating Committee and then to the Executive Board for discussion. A full slate of proposed Directors is then presented to the current Board of Directors. Discussion is held and the slate is put to a vote.

Please relay your names of nominees to Executive Director Joel Miller by September 30, 2008.

The Chamber Board of Directors is the Chamber. The eighteen individuals from all over Henry County make the organization thrive for all of our Members – be a part of the effort!

## **Henry County Christmas Parade Help Sought**

Looking to lend a hand with an event that lights up not only the Henry County Courthouse, but the eyes of hundreds of kids? Why not volunteer to help out the Chamber with the Henry County Christmas Parade? We are looking for members for the Parade Committee and could use your help.

The Parade is a great event and is scheduled for Tuesday, December 2<sup>nd</sup> at 630PM in Downtown Napoleon.

If you’d like to help out, contact Director Miller in the Chamber office and get ready to celebrate the season.

## **The Last Word**

As we take the leap past the “unofficial” end of Summer – Labor Day, I have begun to think about the colder days approaching. For me, that means less opportunity to get outside and get some exercise. That led me to think about how local businesses could encourage new wellness programs as the weather turns. Wellness impacts your workforce health and hopefully, you may be able to avoid more sick days this year.

I was reading some suggestions from the New York State Physical Activity Coalition, and thought I’d share some low cost options you may consider for you and your employees:

- Insist that your vendors fill vending machines with healthier choices—your employees may try healthier snacks they had not considered before.
- Offer incentives for distance parking and for employees who walk or bicycle to work.
- Negotiate corporate discounts for health club memberships

Just a few ideas, but they may get your creativity moving on ways to increase the health level of your employees, and your bottom line.